



OCTOBER 2024

Gloria Dei Lutheran School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hot Dog Hot Dog Bun Baked Beans Pineapple 1% Milk	2 Chicken Quesadilla Side Salad w/ Cucumbers Mixed Fruit 1% Milk	3 Pancakes Sausage Hash brown Grapes 1% Milk	4 Pizza Carrots w/ dip Oranges Cookie 1% Milk
7 Spaghetti w/ Meatballs Breadsticks Salad Peaches 1% Milk	8 Hamburger Whole Grain Bun Pasta Salad Apples 1% Milk	9 Soft Tacos Rice Lettuce & Tomatoes Mandarin Oranges 1% Milk	10 Sausage Biscuit Tater Tots Tropical Fruits 1% Milk	11 Pizza Salad Pears Chips 1% Milk
14 Chicken Alfredo Broccoli Mixed Fruit 1% Milk	15 Rib-B-Que Whole Grain Bun Corn, Pickles Blueberries 1% Milk	16 Beef Nachos Fiesta Rice, Beans Lettuce & Tomatoes Grapes 1% Milk	17 French Toast Hash browns Strawberries 1% Milk	18 Pizza Cucumber Apples Cookie 1% Milk
21 Macaroni & Cheese Rolls Roasted Broccoli Mixed Fruit 1% Milk	22 Chicken Sandwich Whole Grain Bun Lettuce & Tomatoes Pears, Chips 1% Milk	23 Tortellini in Marinara Rolls Mixed Vegetables Strawberries 1% Milk	24 Sweet & Sour Meatballs Rice Broccoli Mixed Fruit 1% Milk	25 Pizza Salad Apples Chips 1% Milk
28 Chicken Nuggets Rolls Corn Banana 1% Milk	29 Ham & Cheese Wrap Lettuce & Tomatoes Mixed Fruit Chips 1% Milk	30 Meatloaf w/ Gravy Mashed Taters Green Beans Pears 1% Milk	31 Fish Sticks French Fries Carrots Apples 1% Milk	